

Government Medical College, Haldwani (Nainital), Uttarakhand
Foundation Course - MBBS Batch-2022

Date - Day	08-09 AM	09-10 AM	10-11 AM	11-12 Noon	01-02 AM	02-03 PM	03-04 PM
Tuesday 15/11/2022	Introduction-foundation course Dr Seema Gupta (Biochemistry)	Welcome Speech by Principal/Dean (Dr Arun Joshi)	Role of doctor in the society Dr A N Sinha (Physiology)	Doctor as a team leader Dr Priyamvada Singhal (Pathology)	Doctor-patient relationship Dr Rajeev Singh (General Surgery)	Rules and regulations of institution hostel Mr H.M. Upadhyay (UG Cell)	Orientation to library facilities Mr B S Deopa (Library)
Wednesday 16/11/2022	Documentary on history of Medicine Dr Rashmi Malhotra (Ophthalmology)	<p align="center">Orientation visits on rotation basis:</p> <ol style="list-style-type: none"> Hospital- OPD- (Mrs. Usha Panday, Social Worker) Hospital – Wards- (Mrs. Radha Arya, Social Worker) RHTC, PHC, Sub Center- (Community Medicine Staff) Immunization- (Mr Hem Chandra Tiwari, MSW) 			Behavior in the classroom and labs, dress code in the college Dr. Vandana (Anatomy)	Behavior, communication with teachers and seniors Dr Sanjeev Prakash (General Surgery)	Communication skills Dr Pankaj Singh (Orthopedics)
Thursday 17/11/2022	Health care system and its delivery in our country Dr. Hema B. Thakkar (Community Medicine)				Violence against doctors Dr Rajeev Srivastava (CMO)	Ethics and Professionalism Dr Sahil Khurana (Forensic Medicine)	Introduction to IEC Dr Ganesh Singh (Orthopedics)
Friday 18/11/2022	Alternative health systems in our country and their relevance Dr N.A. Khan (Community Medicine)				Anti ragging rules Dr Prateek Shakya (General Surgery)	Consequences of unethical and unprofessional behavior Dr Deepika Puri (Physiology)	Role of Pharmacist Mr Hem Chandra Tiwari (Pharmacist)
Saturday 19/11/2022	Health facilities for medical students at GMC Haldwani Dr Navneet Adhikari (Orthopedics)				Computer : Basic of computer Mr. C.S. Gururani (HIS)	Language: Knowing of regional language Mr H. M. Upadhyay (UG Cell)	National Immunization Program Dr Pooja Agarwal (Pediatrics)
Sunday 20/11/2022	Yoga/Sports (FC 4.8) Dr Nitin Joshi/ Mr N K Joshi/ Mr Ranjeet Yadav (7:00-11:00 AM) ECA 11:00 to 01:00 PM)						
Monday 21/11/2022	The patient is your teacher Dr. Pankaj Verma (General Surgery)	Role of humanism in Medical Profession Dr Shujauddin (Pharmacology)	Basic first aid Dr Rajeev Srivastava (CMO)	Role of emergency medical services department Dr Priyadarshini (CMO)	Biomedical waste management protocol Dr Neha Kaushal (Microbiology)	Doctor- Patients relationship (Role play) Dr Harpreet Singh & Dr Achin Pant (Community Medicine & ENT)	

Dr. P. S. Singh
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Tuesday 22/11/2022	Handling the cadaver Dr Vandana (Anatomy)	Universal precaution Dr Abhinav Bisht (General Surgery)	Infection control Dr Sanjeev Prakash (General Surgery)	Overview outbreak/endemic epidemic/epidemic/pandemic Dr Divya Hyanki (Physiology)	Notifiable disease Dr Harpreet Singh (Community Medicine)	Post exposure prophylaxis Dr Navneet Adhikari (Orthopaedics)	Language : Regional Mr H M Upadhyay (UG Cell)
Wednesday 23/11/2022	History taking: an art Dr Ritu Rakholia (Pediatrics)	Bed side manners Dr Naveen Agarwal (Orthopaedics)	Gender Sensitization at work place Dr Bhagyashree (Pathology)	Resuscitation: CPR- BLS (Hands on) Dr S. K. Lohani (Anaesthesiology)		Computer : Introduction to computer hardware Mr Amit Dumka (PG Cell)	
Thursday 24/11/2022	Holiday Yoga/Sports (FC 4.8) Dr Nitin Joshi/ Mr N K Joshi/ Mr Ranjeet Yadav (7:00-11:00 AM ECA 11:00 to 01:00 PM)						
Friday 25/11/2022	Orientation to SC/ ST/ OBC/ Women cell of the college Dr Poonam Kumari (Physiology)	Immunization requirements health care professionals Dr Ritu Rakholiya (Paediatrics)	Concept of family medicine Dr Sadhana Awasthi (Community Medicine)	Interpersonal relationship Mr. Anil Bahuguna (Counsellor)	Concept of palliative medicine Dr Geeta Bhandari (Anaesthesiology)	Expectation of a doctor from the profession – reality check Dr Shahzad Ahmad (ENT)	ICTC program and overview of ART Cente Mrs Tanuja Bisht (Counsellor)
Saturday 26/11/2022	Introduction: Various programs in obst & Gynae dept. Dr Geeta Jain (Obst & Gynae)	Introduction: Cultural and literary facilities for students Dr Sadhana Awasthi (Community Medicine)	Research opportunities Dr Umesh (Microbiology)		Disaster management skills Dr N A. Khan (Community Medicine)	Blood and organ donation Dr Tanuja Pangtey (Pathology))	Orientation to pain and palliative care facility Dr Namrata Gupta (Anaesthesiology)
Sunday 27/11/2022	Yoga/Sports (FC 4.8) Dr Nitin Joshi/ Mr N K Joshi/ Mr Ranjeet Yadav (7:00-11:00 AM ECA 11:00 to 01:00 PM)						
Monday 28/11/2022	Why I want to be a Doctor Dr. Harishankar Pandey (Pathology)	Orientation to MBBS program Dr Deepa Deopa) (Anatomy)	Behavior, communication with colleagues ,differently abled and patients Dr Poonam Kumari (Physiology)	National Tuberculosis Elimination program (NTEP) Dr Anshul Kedia (Respiratory Medicine)	Computer PPT (Hands-on) Mr Amit Dumka (PG Cell)	Introduction of sports activity in our college Dr B.S. Deopa (Library)	Importance of Time Management Dr Achin Pant (ENT)

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Tuesday 29/11/2022	Concept of bio-safety, handling biomaterial Dr Umesh (Microbiology)	Orientation to psychological problems and support Mrs. Himanshi Bisht (Counsellor)	How to handle stress in medical Profession Dr Yuvraj Pant (Psychiatry)	Language: Regional Mr L.M. Bhatt (Pharmacy)	GMC website student portal Mr C.S. Gururani (HIS))	Overview of national Health policies and project Dr Harpreet Singh (Community Medicine)	Language:Regional Mr. Nagendra Joshi (Respiratory Medicine)
Wednesday 30/11/2022	Orientation to trauma Patients in Emergency. Dr. Diwakar Pratap (Orthopedics)	Orientation Visit to Pre/Para Departments on rotation basis: 1. Department of Anatomy- PG/Non PG JR 2. Department of Biochemistry- PG/Non PG JR 3. Department of Physiology- PG/ Non PG JR 4. Department of Community Medicine- PG/ Non PG JR 5. Department of Forensic Medicine- PG/ Non PG JR			Techniques for proper hand washing and PPE kit Dr Sania Parveen (Anaesthesiology)	Infection Control: (Demo) Dr Deep Chilana (Anaesthesiology)	Language: Regional Mr. Nagendra Joshi (Respiratory Medicine)
Thursday 01/12/2022	Orientation to isolation ward in hospital (DEMO) Dr Himanshu Saxena (Plastic Surgery)	Group dynamics (Lec) Dr Urmila Palaria (Guest Lecture)	Doctor Patient relationship (Role-play) Dr Suchita Pant (Pathology)		Biomedical waste management (Demo) Mr. Amit Dumka (PG Cell)		Language: Regional Mr H M Upadhyay (UG Cell)
Friday 02/12/2022	Post Exposure prophylaxis Dr Ravi Prakash (General Surgery)	Group dynamics (Hands-on) Dr Prabhat Pant (Pathology)	Obtaining patient consent (Sensitization by interactive lecture) (Dr Naveen Agarwal (Orthopedics)		Orientation to hospital CSSD/Laundry/ Kitchen/Bio Medical waste/MRD in divided batches (Mrs. Usha Pandey/Mrs.Radha Arya /Mrs Suman Joshi)		Language: Regional Mr H M Upadhyay (UG Cell)
Saturday 03/12/2022	Healthy life Style Mrs. Asha (Dietician)	Group dynamics (Hands- on) Dr Neelam Sharma (Anaesthesiology)	Interpersonal Skills Dr Suman Pandey (Biochemistry)		Orientation to Swami Ram Cancer Hospital & research Institute Dr K.C. Pandey (Radiotherapy)	Computer Skills (use of Microsoft excel & word effectively) Mr. C.S. Gururani	
Sunday 04/12/2022	Yoga/Sports (FC 4.8) Dr Nitin Joshi/ Mr N K Joshi/ Mr Ranjeet Yadav (7:00-11:00 AM ECA 11:00 to 01:00 PM)						

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Monday 05/12/2022	Computer: PPT (Hands-on) Mr Amit Dumka (PG Cell)	Orientation Visits on rotation basis:- 1- Department of Pharmacology - PG/Non PG JR 2- Department of Microbiology PG/Non PG JR 3- Department of Pathology- PG/ Non PG JR			End of life care, grief and bereavement in context of Covid-19 Dr Namrata Gupta (Anaesthesiology)	Understanding collaborative learning Dr Nishant Bisht (General Surgery)	Language: Regional Dr Deepak Joshi (MSW)
Tuesday 06/12/2022	Medico legal case information to police Dr Atul Saxena (RTI)		Visit to College Library (Mr. Deepak Mehra)		Role of emotional aspect in medical practice Dr Azmi Naaz (Psychiatry)	Role of yoga & meditation in personal health Dr Nitin Joshi (PMR)	Language: Regional Mr. Hem Chandra Tiwari (MSW)
Wednesday 07/12/2022	Interaction on core values in physician Dr Sania Parveen (Anaesthesiology)	The art and science of Nursing care Sis G.B. Methew (Nursing Superintendent)	Nutrition and Health Mrs. Asha (Dietician)	Computer Skills (using electronic media for useful networking (IT Team SVP) Mr Amit Dumka	Peer-assisted learning pedagogy Dr A. N. Sinha (Physiology)		Importance of Time Management Dr Shahzad Ahmad (ENT)
Thursday 08/12/2022	Medication Safety Dr Bhavana Srivastava (Pharmacology)	Introduction to family adoption program Dr Hemaben Thakkar) (Community Medicine)	Record Keeping in Hospital Dr P. Chaurasia (Anaesthesiology)	Introduction to MS PowerPoint Mr Amit Dumka (PG Cell)	Interactive lecture on team building Dr Ajay Vishvakarma (Skin & VD)	Computer How to make PPT Mr Amit Dumka (PG Cell)	Language: Regional Dr L M Bhatt (Pharmacy)
Friday 09/12/2022	Computer: Introduction to MS PowerPoint Mr Amit Dumka (PG Cell)	Role of Doctor as a team leader Dr Navneet Adhikari (Orthopaedics)	Animal Ethics Dr Kunal Sharma (Pharmacology)	Computer: PPT (Hands-on) Mr Amit Dumka (PG Cell)	The important of etiquette in medical education Dr Prerna (Pediatrics)	Maintaining confidentiality Dr Shujauddin (Pharmacology)	Language: regional Mrs Santoshi Gururani (Social Worker)
Saturday 10/12/2022	Importance of attendance Dr Neeraj Rajdan (Pharmacology)	Introduction to Skill Lab & ICE breaking Dr Deepa Deopa (Anatomy)			White Coat Ceremony 02:00 PM Onward		

By
02/11/22